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Indoor Finishes and Treatment of the Home

TN these little talks we have covered so far the structural materials of brick, stucco, frame, and considered the main mechanics of heating, plumbing and lighting. We are now come to take up the matter of indoor finishes, such as paint, varnish, paper, plaster and such materials as give the inner surfaces of the home their utility and beauty.

No matter what the outside structural material, the inner face or wall of the house must have a finish which is sanitary, attractive and artistic. Until recently only plaster was used as the foundation finish or surface for such walls. Recently there have appeared several kinds of wall or fibre board manufactured in sheet form, and to be nailed direct to the studding. after which it may be painted or otherwise finished. The advantages of such wall board lie in eliminating the disorder and difficult job of plastering with its present very great expense.

I admit that in numerous cases

TUESDAY

Breakfast

Puree of Fruit,

French Omelet.

Whole Wheat

Popovers,

Radishes, Coffee

Luncheon

Japanese

Shrimps,

Buttered Toast,

Heart

Lettuce Salad.

Dinner

New England

Boiled Dinner,

Baking Powder

Babas,

Fruit Sauce.

MONDAY

Breakfast

Salt Fish Balls,

Cress Gar. Broiled Bacon, Coffee

Luncheon

Braised Celery

Beef Marrow,

Hot Rice Compot

with Fruit.

Tea.

Dinner

Emergency Soup

(left overs),

Roast Beef with

Brown Sauce,

Potato Puff.

Buttered Spinacl

the use of such board for the finishing wall surface is very desirable, especially in living rooms or dining rooms, where the treatment is along "mission" ideas, because all such board necessitates the use of narrow strips of wood or "battens" used vertically to cover over the joint of each piece. The effect is always that of a "half-timber" type or craftsman decoration. Since the use of the many narrow strips greatly decreases the size of the wall space, my feeling is that it is suitable only for particularly large rooms. Such board is excellent in ceiling attics, third-story rooms or informal rooms. It should never be used on an outdoor sleeping porch or elsewhere where affected by the weather, otherwise it will "buckle" or sag. I do not like its use in bedrooms, as the stripping of wood and the fact that the surface is porous prevents the strictest sanitation. It cannot be cleaned or treated with

disinfectants, as can the plaster In short, although these materials are excellent and have very special

THURSDAY

Breakfast

Oranges,

Creamed

Dried Beef.

Corn Muffins,

Brioche, Coffee.

Luncheon

Deviled Herrings

Cress Salad,

Whole Wheat

Popovers, Jellied

Stuffed Apples.

Dinner

Veal Chops

in Casserole

(with Corn and

Tomatoes), Gingerbread with Caramel Sauce, Coffee,

Appetizing Menus for the

WEDNESDAY

Breakfast

Fruit,

Potato or Potato

and Clam

Pancakes.

Bread Sticks,

Coffee.

Luncheon

Spaghetti or Macaroni

Surprise with Veal Stuffing.

Orange Jumble Tea.

Dinner

Planked Shad,

Duchesse

Potatoes.

Buttered Carrots

Green Peas.

Pineapple,

Cherry and

Banana Salad, Coffee.

were satisfactory substitutes for all plaster finish. Well-executed plas-ter work, with a fine finishing coat, cannot be excelled either in warmth, in absence of cracks or as a basis for artistic wall treatment.

There is an increasing sensible trend toward painted or watertinted walls in most of the rooms. While those advocating the use of paper have considerable in their favor, because a wall paper permits every desirable and attractive color scheme and decoration, nevertheless the walls treated with paint in pastel or flat tones and finish have equally much in their behalf. Even treated with great care, wall paper fades, rubs, soils and becomes defaced early. It is a continual care to the housekeeper. The painted wall is easy to clean and practically permanent and cannot be marred. The wall treated with a water-color preparation is equally artistic and sanitary and can be redecorated every few years at very little cost. Several more permanent materials are made for the lower portion

Week

SATURDAY

Breakfast

Bacon (Fried

with Tart

Potato Muffins,

Coffee.

Luncheon

Cream of

Vegetable Soup

(left-overs).

Croutons

Prune Salad,

Dinner

Salmon Klops,

Green Peas,

Baked Potatoes

California

Lettuce Salad,

Dried Fruit Whip,

SUNDAY

Breakfast

Fruit,

Corn Scrambled

with Eggs.

Muffins, Coffee

Dinner

Chicken a la

King,

Waldorf Style,

Buttered Toast,

Buttered Spinach

Canned Pear and

Cheese Salad,

Sponge Drops,

Coffee.

Italian Macaroni

Apple Float,

- Supper

Tea.

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in name, address and size.

3909.....Size

has a plaster-like consistency is put on in sheets over the first coat of plaster with glue. Its surface may be one of several patterns, such as the diaper, checkerboard, etc. This surface may be painted in either oil or water color or stained to simulate wood panelling. In the latter case it is most effective as a dining room wall, when it has the effect of English wood panelling. This material may be used as a lower wainscoting with any preferred finish above.

The subject of varnish, stain, wax, etc., on a floor is a subject large enough for an entire volume. The reason the home builder must consider them is that the cost of flooring, especially the cost of the finishing of the floor, is very considerable. Both the quality and the width of the boards make a very definite item in the building estimate. Hardwood floors are much liked by the housekeeper because they are so easy to care for, so sanitary and of good appearance. How-ever, the highly varnished floor requires a considerable upkeep and must be "done over" practically every year to keep in condition. It requires the finest wood, narrow boards and excellent workmanship to make it a success.

investigate the merits of inlaid linoleum as a permanent floor surface Such in aid linoleum is to-day man ufactured in a variety of soft tones and artistic patterns. It comes in a very heavy quality and makes a more desirable floor surface than the ordinary hardwood. If treated with wax, after being properly laid, it requires less upkeep than a wooden finish treated with varnish. It should be considered seriously, because if it is used instead of a top hardwood floor then in the building estimate a lower quality of boards may be used as the second floor material. In other words, if one knows that he will use inlaid linoleum as the final finishing coat of the floor the under-coat can be made of inexpensive boarding.

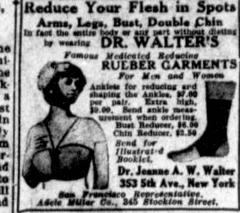
In certain rooms or places, as the kitchen, laundry, pantry or entry, or even in the living room, it is well to study the merits of "composition" as now manufactured for the floor surface. This is a plastic ma terial in various colors applied over a cheap first wood floor covered with metal lath. The material quickly hardens and gives a tile-like surface at much less expense. Its advantages are the ease with which it can be kept clean, its prevention of cracks and less care in upkeep. Again, if a composition floor is considered, then the building estimate need provide only a very chear wood floor as a first floor.

Personally, I prefer waxed floors or waxed linoleum to any other finish. Those about to build should

Tile is a material generally too

By Mrs. Christine Frederick, The Distinguished Authority on Household Efficiency.

expensive to be considered by the average home builder. While sanitary and artistic, it is cold to the feet and increases the china breakage risk in the kitchen. Used as a wainscotting in the bath, it is most sanitary; but there is not much in favor of tiles if they are used only to imitate a hospital operating room effect! Tiles may be soft and colorful and beautiful in the extreme and are so manufactured, and it is to are so manufactured, and it is to be hoped that some day they will be less in price and more in demand by the building public.





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Sunday American-Examiner Patterns

Breakfast

Apple Sauce, Baked Omelet,

Asparagus Tips, Rolls, Coffee

Luncheon

or Scalloped

Potatoes with

Drop Biscuits

Tea.

Beef Tongue a l

String Beans Buttered

New Potatoes

Heart Lettuce

Orange Salad, Coffee,



A POPULAR STYLE (3929). The pattern is cut in seven sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. A 38-inch size requires 61/4 yards of 36-inch material.

DAINTY PARTY FROCK (3918). The pattern is cut in four sizes: 8, 10, 12 and 14 years. A 10-year size requires 4% yards of 36-inch material.

A SMART APRON DRESS FOR HOUSE OR GARDEN WEAR (3909). This pattern is cut in four sizes: Small, 34-36; medium, 38-40; large, 42-44; extra large, 46-48 inches bust measure. For a medium size it will require 41/8 yards of 36-inch material.

A CHARMING NEW GOWN WITH YOUTHFUL LINES (3910). The pattern is cut in six sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. The 38-inch size requires 31/4 yards for the slip of 44-inch material and 21/4 yards, of 40-inch material for the bolero.

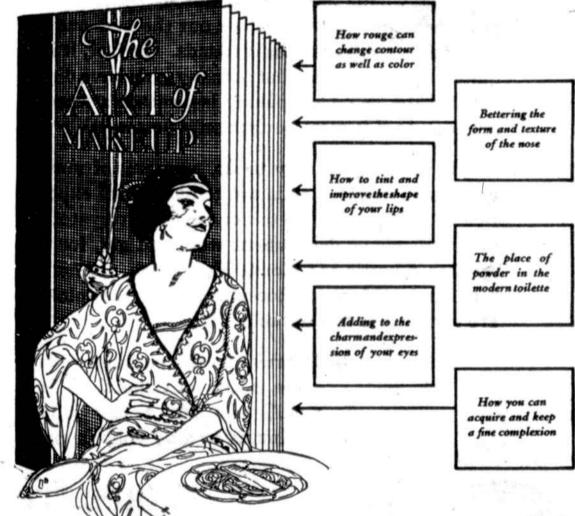
ONE OF FASHION'S FAVOR-ITES (3926). The pattern is cut in three sizes: 16, 18 and 20 years. To make the dress for an 18-year size requires 4 yards of 44-inch

A POPULAR MODEL (3921). The pattern is cut in four sizes: 1, 2, 3 and 4 years. A 2-year size will require 2% yards of 36-inch

A DAINTY FROCK FOR MOTH ER'S GIRL (3920). The pattern is cut in four sizes: 2, 4, 6 and 8 years. A 6-year size requires 21/4 yards of 36-inch material for the dress and 1% yards for the guimpe. To obtain any of these desirable

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